

| OMB APPROVAL                                 |           |
|--|-----------|
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

|   |  |   |
|---|--|---|
| 1. Name and Address of Reporting Person*<br><u>Ledwith Lon</u><br><br>(Last) (First) (Middle)<br>7755 CENTER AVENUE<br>SUITE 300<br><br>(Street)<br>HUNTINGTON CA 92647<br><br>(City) (State) (Zip) | 2. Issuer Name and Ticker or Trading Symbol<br><b>BJs RESTAURANTS INC [ BJRI ]</b> | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br><br>Director 10% Owner<br><input checked="" type="checkbox"/> Officer (give title below) Other (specify below)<br><b>Executive VP, Operations</b> |
|   | 3. Date of Earliest Transaction (Month/Day/Year)<br>09/07/2018                     |   |
| 4. If Amendment, Date of Original Filed (Month/Day/Year)  |  |   |

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) |   | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) |            |         | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|------------|---------|---|--|---|
|                                 |                                      |  | Code                           | V | Amount  | (A) or (D) | Price   |   |  |   |
| Common Stock                    | 09/07/2018                           | 09/07/2018   | M                              |   | 2,624   | A          | \$29.88 | 10,913  | D  |   |
| Common Stock                    | 09/07/2018                           | 09/07/2018   | S                              |   | 2,624   | D          | \$75.44 | 8,289   | D  |   |
| Common Stock                    | 09/07/2018                           | 09/07/2018   | M                              |   | 3,176   | A          | \$33.65 | 11,465  | D  |   |
| Common Stock                    | 09/07/2018                           | 09/07/2018   | S                              |   | 3,176   | D          | \$75.44 | 8,289   | D  |   |
| Common Stock                    | 09/07/2018                           | 09/07/2018   | M                              |   | 2,931   | A          | \$37.03 | 11,220  | D  |   |
| Common Stock                    | 09/07/2018                           | 09/07/2018   | S                              |   | 2,931   | D          | \$75.44 | 8,289   | D  |   |
| Common Stock                    | 09/07/2018                           | 09/07/2018   | M                              |   | 2,480   | A          | \$45.32 | 10,769  | D  |   |
| Common Stock                    | 09/07/2018                           | 09/07/2018   | S                              |   | 2,480   | D          | \$75.44 | 8,289 <sup>(1)</sup>  | D  |   |

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) |   | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |       | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                 | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |       |
|--|--|--------------------------------------|--|--------------------------------|---|--|-------|--|-----------------|---|--|--|---|--|-------|
|  |  |                                      |  | Code                           | V | (A)  | (D)   | Date Exercisable   | Expiration Date |   |  |  |   |  | Title |
| Non-Qualified Stock Options                | \$33.65  | 09/07/2018                           | 09/07/2018   | M                              |   |  | 3,176 | 01/02/2014   | 01/02/2023      | Common Stock  | 3,176                                      | \$33.65  | 0   | D  |       |
| Non-Qualified Stock Options                | \$29.88  | 09/07/2018                           | 09/07/2018   | M                              |   |  | 2,624 | 01/15/2015   | 01/15/2024      | Common Stock  | 2,624                                      | \$29.88  | 656   | D  |       |
| Non-Qualified Stock Options                | \$45.32  | 09/07/2018                           | 09/07/2018   | M                              |   |  | 2,480 | 01/04/2013   | 01/04/2022      | Common Stock  | 2,480                                      | \$45.32  | 0   | D  |       |

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  
(e.g., puts, calls, warrants, options, convertible securities)**

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) |   | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |       | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                 | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |       |
|--|--|--------------------------------------|--|--------------------------------|---|--|-------|--|-----------------|---|--|--|---|--|-------|
|  |  |                                      |  | Code                           | V | (A)  | (D)   | Date Exercisable   | Expiration Date |   |  |  |   |  | Title |
| Non-Qualified Stock Options                | \$37.03  | 09/07/2018                           | 09/07/2018   | M                              |   |  | 2,931 | 12/29/2011   | 12/29/2020      | Common Stock  | 2,931                                      | \$37.03  | 0   | D  |       |

**Explanation of Responses:**

1. Amount includes 3,781 of unvested Restricted Stock Units.

**Remarks:**

/s/ Jacob J. Guild, Attorney-in-Fact for Lon F. Ledwith 09/10/2018

\*\* Signature of Reporting Person      Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**