

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
Trojan Greg			BJs RESTAURANTS INC [ BJRI ]			Director 10% Owner		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)			X Officer (give title below) Other (specify below)		
7755 CENTER AVENUE			05/02/2018			President/CEO		
SUITE 300			4. If Amendment, Date of Original Filed (Month/Day/Year)			6. Individual or Joint/Group Filing (Check Applicable Line)		
(Street)	CA		92647		X Form filed by One Reporting Person			
(City)	(State)	(Zip)				Form filed by More than One Reporting Person		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	05/02/2018	05/02/2018	M		75,000	A	\$34.29	129,908	D	
Common Stock	05/02/2018	05/02/2018	S		75,000	D	\$55.69	54,908	D	
Common Stock	05/02/2018	05/02/2018	M		8,298	A	\$34.29	63,206	D	
Common Stock	05/02/2018	05/02/2018	S		8,298	D	\$56.12	54,908	D	
Common Stock	05/03/2018	05/03/2018	M		10,585	A	\$34.29	65,493	D	
Common Stock	05/03/2018	05/03/2018	S		10,585	D	\$55.51	54,908	D	
Common Stock	05/04/2018	05/04/2018	M		42,845	A	\$34.29	97,753	D	
Common Stock	05/04/2018	05/04/2018	S		42,845	D	\$55.05	54,908 <sup>(1)</sup>	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V		Date Exercisable	Expiration Date						Title
Non-Qualified Stock Options	\$34.29	05/02/2018	05/02/2018	M		75,000	12/03/2013	12/03/2022	Common Stock	75,000	\$34.29	169,662	D	
Non-Qualified Stock Options	\$34.29	05/02/2018	05/02/2018	M		8,298	12/03/2013	12/03/2022	Common Stock	8,298	\$34.29	161,364	D	
Non-Qualified Stock Options	\$34.29	05/03/2018	05/03/2018	M		10,585	12/03/2013	12/03/2022	Common Stock	10,585	\$34.29	150,779	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Non-Qualified Stock Options	\$34.29	05/04/2018	05/04/2018	M			42,845	12/03/2013	12/03/2022	Common Stock	42,845	\$34.29	107,934	D	

**Explanation of Responses:**

1. Amount includes 28,352 of unvested Restricted Stock Units.

**Remarks:**

/s/ Jacob J. Guild, Attorney-in-Fact for Gregory A. Trojan 05/04/2018

\*\* Signature of Reporting Person      Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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